

LECTURE 13

• Last class, we noted that $g \sim N(0,1)$ satisfies:

$$(1) \mathbb{P}\{|g| \geq t\} \leq 2\exp(-t^2/2) \quad \forall t \geq 0$$

$$(2) \|g\|_{L^p} = (\mathbb{E}|g|^p)^{1/p} \leq \sqrt{p} \quad \forall p \geq 1$$

$$(3) \mathbb{E} e^{g^2/4} \leq 2$$

$$(4) \mathbb{E} e^{\lambda g} \leq e^{\lambda^2/4} \quad \forall \lambda \in \mathbb{R}$$

• Today, we show that $\forall$ distribution, (1)-(4) are EQUIVALENT:

"the following are equivalent"

Subgaussian Lemma

$\forall$ r.v. X , TFAE:

$$(1) \text{ (tails): } \exists K_1: \mathbb{P}\{|X| \geq t\} \leq 2\exp(-t^2/K_1^2) \quad \forall t \geq 0$$

$$(2) \text{ (moments): } \exists K_2: \|X\|_{L^p} \leq K_2 \sqrt{p} \quad \forall p \geq 1$$

$$(3) (\psi_2): \exists K_3: \mathbb{E} \exp(X^2/K_3^2) \leq 2$$

Moreover, if $\mathbb{E}X=0$ then (1)-(3) are equivalent to:

$$(4) \text{ (MGF): } \exists K_4: \mathbb{E} \exp(\lambda X) \leq \exp(K_4^2 \lambda^2) \quad \forall \lambda \in \mathbb{R}.$$

A r.v. that satisfies one (and thus all) of properties (1)-(4) is called subgaussian.

(HW): $\mathbb{E}X=0$ is needed in (4)
 $\text{Var}(X) \leq \|X - \mathbb{E}X\|_{\psi_2}^2$
 $\text{Pois} \in L_{\psi_2}$

The proof of (1) $\Rightarrow$ (2) is based on

$$\text{Lem (Integral identity)} \quad \boxed{\begin{array}{l} \forall \text{ nonnegative r.v. } X, \\ EX = \int_0^\infty P\{X > t\} dt. \end{array}}$$

$$\forall x \in \mathbb{R}, \quad x = \int_0^x dt = \int_0^\infty \underbrace{1_{\{t < x\}}}_{\substack{\text{"1 if } t < x \\ \text{"0 if } t \geq x}} dt$$

let $x = X$, take expectation $\Rightarrow$

$$EX = \int_0^\infty \underbrace{E 1_{\{t < X\}}}_{\substack{\text{"} \\ P\{t < X\}}} dt \quad (\text{Fubini})$$

Proof of Subgaussian Lemma

(1) $\Rightarrow$ (2): wlog $K_1 = 1$

$$E|X|^p = \int_0^\infty P\{|X|^p > t\} dt \quad (\text{Integral Lemma})$$

$$= \int_0^\infty \underbrace{P\{|X| > s\}}_{\substack{\text{"} \\ 2e^{-s^2}}} p s^{p-1} ds \quad \text{by Property (1).}$$

$$= p \left(\frac{p}{2} - 1\right)! \quad (\text{by parts - DIY})$$

$$\leq p \cdot p^{p/2-1} = p^{p/2}$$

$$\Rightarrow \|X\|_{L^p} \leq \sqrt{p}.$$

(2) $\Rightarrow$ (3) : WLOG $K_2 = 1$

$$\mathbb{E} \exp(X^2/100) = \mathbb{E} \left[\sum_{p=0}^{\infty} \frac{(X^2/100)^p}{p!} \right] \quad (\text{Taylor series})$$

$$= \sum_{p=0}^{\infty} \frac{\mathbb{E} X^{2p}}{100^p p!} \leq \sum_{p=0}^{\infty} \frac{(\sqrt{2p})^{2p}}{100^p p!} \leq \sum_{p=0}^{\infty} \frac{(2p)^p}{100^p p!}$$

(Stirling)

$$\leq \sum_{p=0}^{\infty} \left(\frac{2e}{100} \right)^p \leq 2$$

$\wedge$
 $\sqrt{10}$

(3) $\Rightarrow$ (4) WLOG $K_3 = 1$. Use $e^x \leq x + e^{x^2} \quad \forall x \in \mathbb{R} \Rightarrow$

$$\mathbb{E} e^{\lambda X} \leq \underbrace{\mathbb{E}[\lambda X]}_{0 \text{ by assumption}} + \mathbb{E} e^{\lambda^2 X^2}$$

• If $|\lambda| \leq 1$, $\mathbb{E} e^{\lambda^2 X^2} \leq (\mathbb{E} e^{X^2})^{\lambda^2}$

$$\left(\begin{aligned} &\Leftrightarrow (\mathbb{E} e^{\lambda^2 X^2})^{\lambda^2} \leq \mathbb{E} e^{X^2} \\ &\Leftrightarrow \|e^{X^2}\|_{L^2} \leq \|e^{X^2}\|_{L^1} \end{aligned} \right)$$

true since $\lambda^2 \leq 1$

$$\Rightarrow \mathbb{E} e^{\lambda X} \leq (\underbrace{\mathbb{E} e^{X^2}}_{2 \text{ by property (3)}})^{\lambda^2} \leq \exp(\lambda^2 \ln 2)$$

• If $|\lambda| > 1$ — D.I.Y. (or see the book).

(4) $\Rightarrow$ (1) WLOG $K_4 = 1$.

$$P\{X \geq t\} = P\{e^{\lambda X} \geq e^{\lambda t}\} \quad (\text{multiply by } \lambda > 0 \text{ and exponentiate})$$

$$\leq e^{-\lambda t} \underbrace{\mathbb{E} e^{\lambda X}}_{\mathbb{E} e^{\lambda^2 X^2} \text{ (property 4)}} \quad (\text{Markov})$$

$$= \exp(\lambda^2 - \lambda t).$$

Minimize in $\lambda \Rightarrow \lambda = t/2 \Rightarrow$

$$= \exp(-t^2/4).$$

Repeat for $-X \Rightarrow$ QED

QUANTITATIVE ASPECTS

• Subgaussian is a qualitative notion (yes/no). But:

• K_1, K_2, K_3, K_4 in Subgaussian Lemma are all equivalent up to absolute const. factors:

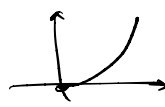
$$K_i \leq C_{ij} K_j \quad \forall i, j = 1, 2, 3, 4 \quad (\text{CHECK!})$$

$\Rightarrow$ they all capture the $\approx$ same quantity.

• We call this quantity the subgaussian norm

• Why norm? Property (3): " $\exists K_3 \quad \mathbb{E} \exp(X^2/K_3^2) \leq 2$ "

$$\Leftrightarrow \exists K_3: \mathbb{E} \psi_2(X/K_3) \leq 1$$

where $\psi_2(x) = e^{x^2-1}$ is an Orlicz function 

Hence the smallest K_3 equals $\boxed{\|X\|_{\psi_2}}$ $\leftarrow$ subgaussian norm.

& all other K_i 's are equivalent $\Rightarrow$

Subg. Lemma restated:

(1) (tails):

$$\mathbb{P}\{|X| \geq t\} \leq 2 \exp(-t^2 / \|X\|_{\psi_2}^2) \quad \forall t \geq 0$$

(2) (moments):

$$\|X\|_{L^p} \leq C \|X\|_{\psi_2} \sqrt{p} \quad \forall p \geq 1$$

(3) (ψ_2):

$$\mathbb{E} \exp(-X^2 / \|X\|_{\psi_2}^2) \leq 2$$

Moreover, if $\mathbb{E} X = 0$ then

$$\mathbb{E} \exp(\lambda X) \leq \exp(C \|X\|_{\psi_2}^2 \lambda^2) \quad \forall \lambda \in \mathbb{R}.$$

(4) (MGF):